

C-1 Flowchart

Page 1 of 4

<p>Riding Test Expectations Candidate should ride with confidence and control on the flat and over fences, demonstrating a basic balanced position and use of natural aids. The candidate should begin riding mount freely forward in balance and rhythm while developing a light contact.</p> <p>Horse Management Expectations The candidate should show a developing awareness of cause and effect in the care of own mount. He/she should be familiar with local common horse terms. Assistance is recommended in demonstration of bandaging.</p> <p style="text-align: right;">SIGN OFF NOTES</p>	
TURN OUT	
<p>Attire to be correctly formal or informal. Pony Club pin. Long hair neatly up or back. No inappropriate jewelry.</p> <p>Mount to be well groomed, reflecting regular care with a healthy coat; no sweat or dirt. Mane and tail brushed with little, if any, dandruff. External areas around sheath/udder clean. Feet picked out and reflecting regular farrier care. Eyes, nose, lips, dock clean.</p> <p>Tack to be safe, properly adjusted, supple and reflecting regular care. No jockeys or dust. All stress points clean. No cracked leather. Metal clean and polished and stirrup pads clean.</p> <p>Identify tack on own mount and discuss fit.</p> <p>Demonstrate proper adjustment of blanket/sheet and halter.</p>	
RIDING ON THE FLAT	
<p>Ride test consistently demonstrating riding test expectations.</p> <p>Demonstrate suppling exercises for rider without stirrups at walk.</p> <p>Demonstrate mount's warm-up routine for everyday work.</p> <p>Discuss candidate's warm-up for both rider and mount with examiner.</p> <p>Work mount at walk, trot and canter, with smooth transitions, demonstrating correct bend, performing straight lines on centerline, 20-meter circles, and figure eights with simple transitions at each gait.</p> <p>Demonstrate long rein, loose rein and light contact at walk.</p>	
<p>Demonstrate a rein back (2-3 simple steps back).</p> <p>Discuss aids for and then demonstrate a turn on the forehand.</p> <p>Discuss performance with examiner discussing the following; the rider's basic balanced position, whether or not mount was moving freely forward in balance and rhythm, and whether rider established a light contact.</p>	
RIDING OVER FENCES	
<p>Ride over fences using Riding Test Expectations.</p> <p>Ride over small gymnastic grid of three fences finishing with an ascending oxer set at, but not exceed, 2'9" set at appropriate distances for mount's stride.</p>	

C-1 Flowchart

Page 2 of 4

Ride over jump course of 6-8 obstacles; include a two-stride combination set at an appropriate distance for mount's stride. The majority of fences should be set at, but not exceed, 2'9". Grid distances and two-stride combination may be adjusted for individual mounts.	
Discuss performance with Examiner, including steadiness of pace and ways ride could be improved.	
RIDING IN THE OPEN	
Ride safely with control in a group, on a suitable mount, at the walk, trot, and canter. C-1 speed should not exceed 325 meters per minute to 350 meters per minute.	
Discuss and demonstrate riding safely over varied terrain, incorporating as many of the following elements as local conditions allow: hills, small/shallow ditches, low banks, flat open areas and shallow streams.	
Ride over five to seven cross-country obstacles at appropriate speed (240-350 meters per minute). The majority of fences should be set at, but not exceed, 2'9".	
Discuss performance with Examiner giving reasons for any disobediences.	
CONDITIONING	
Discuss what is meant by conditioning and how to condition for a particular Pony Club activity of your choice.	
NUTRITION	
Describe how feeds are measured and weighed. Know amount and type of feed for own mount. Describe characteristics of good and bad feed, watering, and pasture.	
STABLE MANAGEMENT	
Discuss types of bedding appropriate for your area. Be able to put a blanket on mount safely. Discuss types and causes of stable vices. Describe and give reasons for three types of clipping. Describe conditions which foster internal and external parasites, procedure for parasite control in pasture and stall management, ways to control flies, bot eggs.	
PONY PARTS, CONFORMATION & LAMENESS	
Identify good and bad points of basic leg conformation. Describe five common unsoundnesses as to location and outward appearance.	

C-1 Flowchart

Page 3 of 4

TRAVEL SAFETY	
Discuss basic equipment needed for mount's safety and comfort during trailer travel. Demonstrate trailer safety check from trailer safety checklist (on USPC website under forms).	
RECORD BOOK	
The C-1 is expected to keep a careful Record Book of all immunizations, veterinary visits, farrier visits, etc. The book must be brought to the test for review and critique. Must have records for at least 6 months. Records should reflect appropriate depth of knowledge for this level.	
HEALTH CARE & VETERINARY KNOWLEDGE	
Describe how to treat minor wounds. Discuss: Regular worming control for own mount; how and why to deworm new mounts in barn. Know health care schedule for own mount including dates of inoculations (tetanus, encephalomyelitis, etc.), deworming, floating of teeth, shoeing. Measure and record pulse, temperature and respiration of own mount at rest with assistance of examiner.	
INTRODUCTION TO HORSE SPORTS	
List all the horse sports that are offered in USPC.	
TEACHING	
Demonstrate a safety and tack inspection for a D Pony Club member under direct supervision of Examiner. Explain to the D member the reason for the check, the process, and any safety issues found.	
LAND CONSERVATION	
Name three different uses of land on which you, or others, ride. <i>Examples: Farmland, fair grounds, crops, etc.</i> If your region conducts an Eventing Rally, determine who owns the land where the rally is held and the total amount of acres owned. Identify one place in your area previously used for equestrian activities that is no longer available.	
LEADING & LONGEING	
Discuss reasons for longeing. Discuss equipment necessary and safety procedures. Demonstrate jogging mount, moving mount actively forward from the whip, with smooth transitions.	

C-1 Flowchart

Page 4 of 4

FOOT & SHOEING	
Discuss the five steps in shoeing. Recognize farrier tools and know their uses.	
BANDAGING	
Apply stable bandage under direct supervision and with assistance of examiner.	